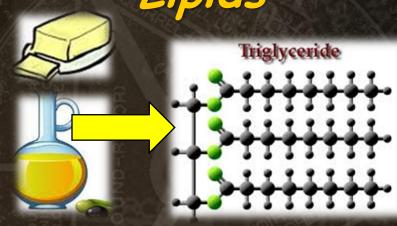


It breaks down into ...

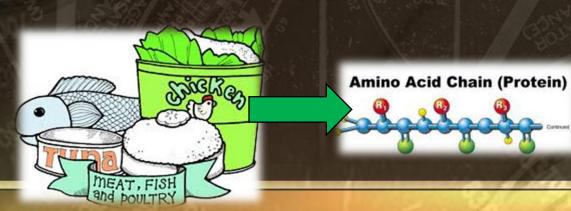
Carbohydrates



Lipids



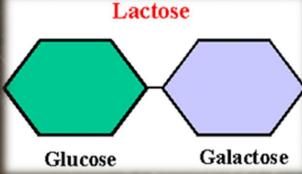
Proteins



Let's look at... Lactose

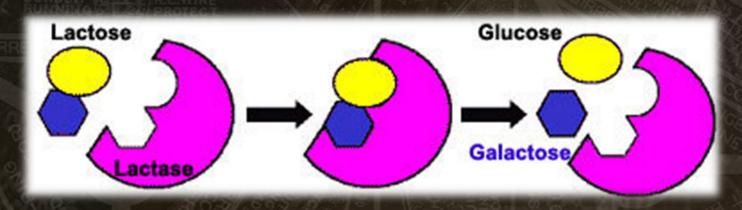
- ·What is lactose?
 - -Lactose is a disaccharide found in dairy products





What is Lactose-intolerance?

· They lack the enzyme: LACTASE

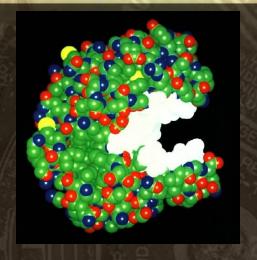


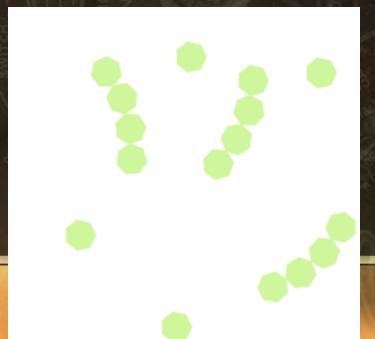
- · Sugars end in "-ose"
- · Enzymes end in "-ase"

But...what is an enzyme?

What Are Enzymes?

- Most enzymes are Proteins
- · Act as Catalyst to speed up a chemical reaction by helping molecules react with each other faster





Enzymes

- · Are specific for what they will catalyze
- · Are Reusable
- · End in -ase

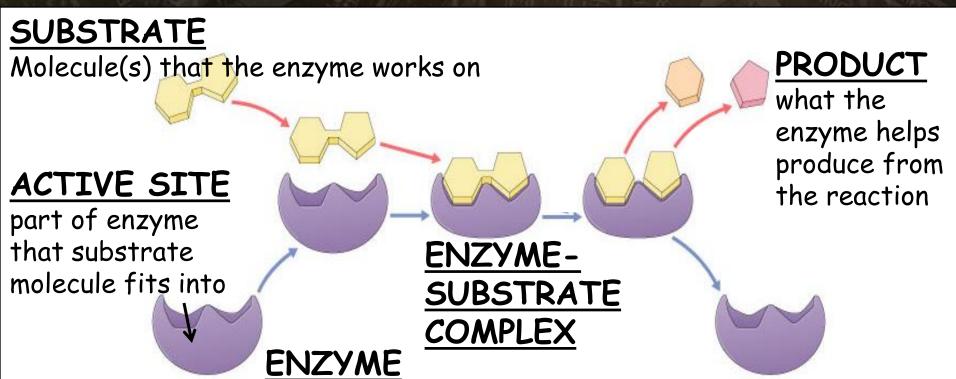


- ·Sucrase breaks down sucrose
- Proteases breakdown proteins
- ·Lipases breakdown lipids
- •DNA polymerase builds DNA



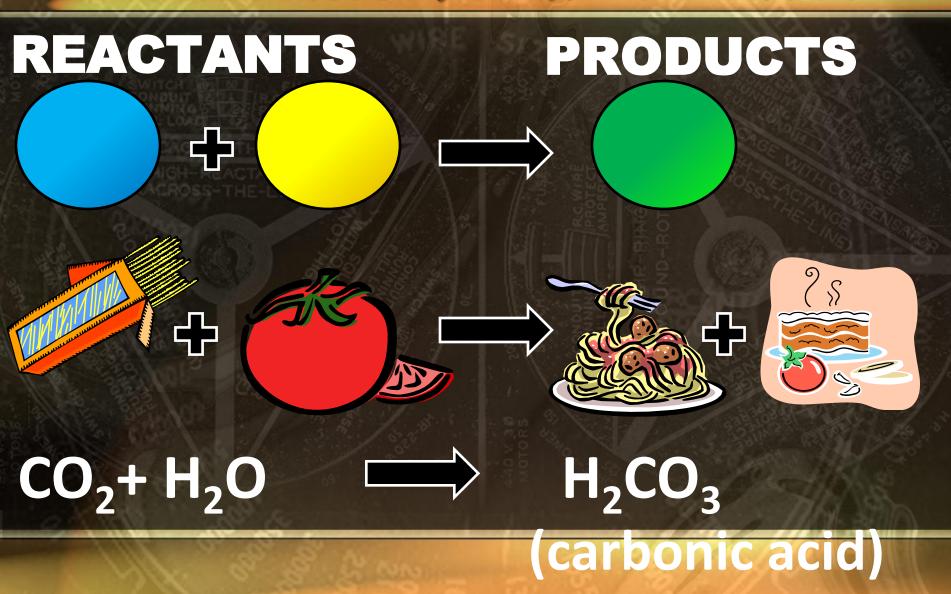
Enzymes aren't used up

- re-used again for the same reaction with other molecules
- very little enzyme needed to help in many reactions



helper protein molecule

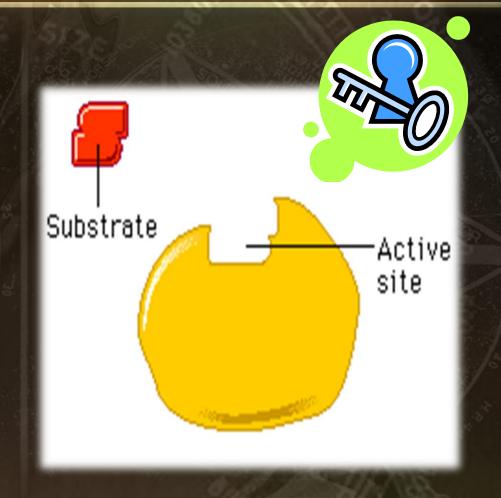
Reactants form Products



It's shape that matters!

- · Lock & Key model
 - shape of enzyme allows substrate to fit
 - specific enzyme
 for each specific
 reaction

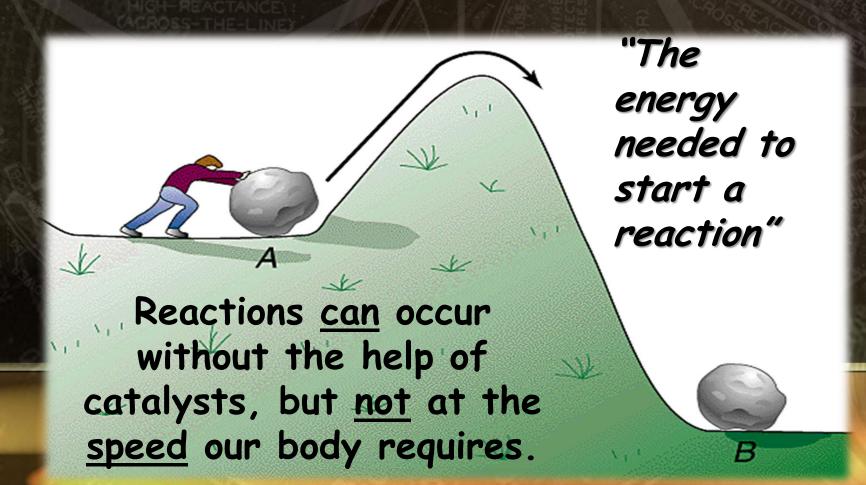
Chemical Reaction:



Enzyme + Substrate → Enzyme + Product
REACTANTS
PRODUCTS

How do enzymes Work?

Enzymes work by weakening bonds which lowers activation energy

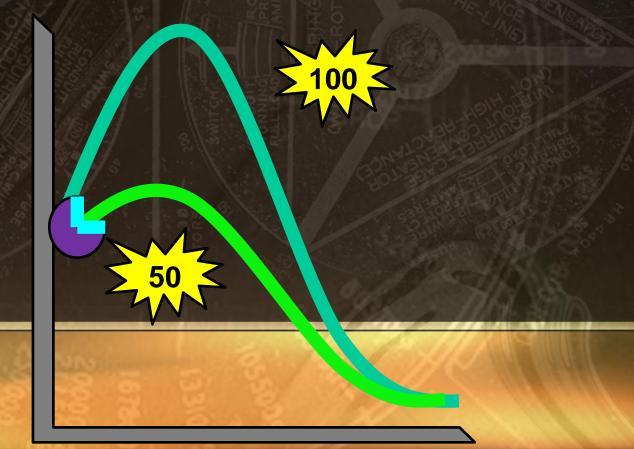


Activation Energy

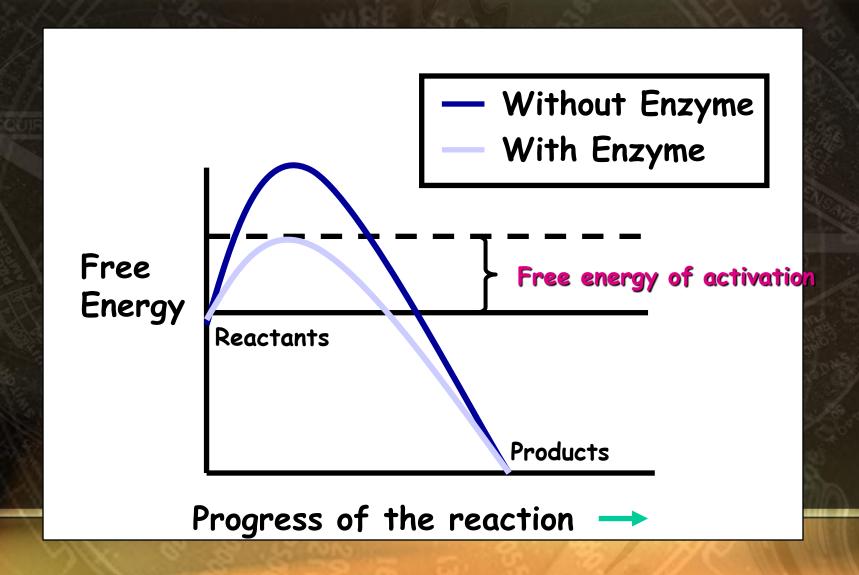
Enzymes reduce the energy needed for reaction to occur (energy of activation)

It is like a discount on the cost of the

reaction

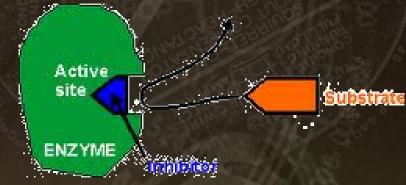


Activation Energy



What Affects Enzyme Activity?

- 1. Environmental Conditions
 - -pH, temperature, enzyme or substrate concentration
- 2. Cofactors and Coenzymes
 - -substances needed for the enzyme to work
- 3. Enzyme Inhibitors
 - -bind and block the enzyme from working



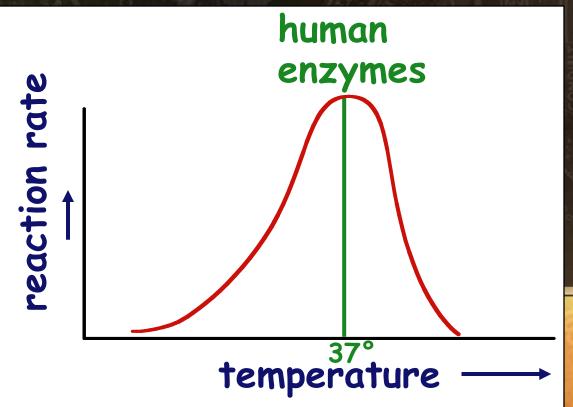


Temperature

 HIGH temperatures cause enzymes to denature (unfold and lose shape)

· LOW temperatures slow molecules

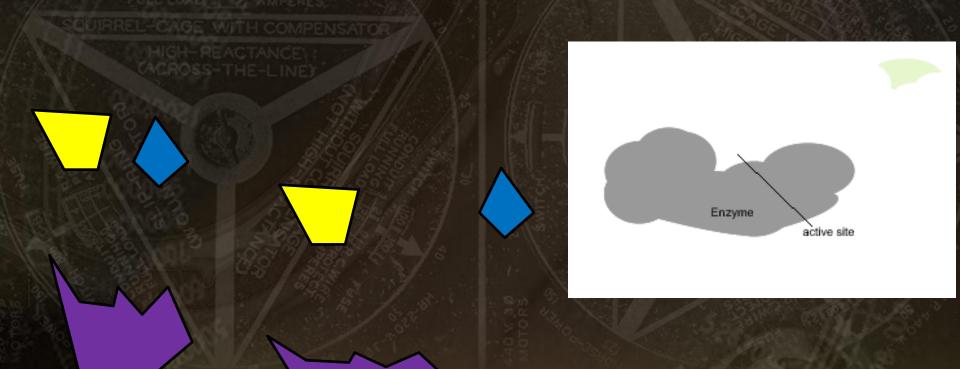
down and less collisions



Human Enzymes: 35°-40°C (body temp = 37°C)

Denaturing

 Denaturing: extreme temperature and pH can change enzyme shape, rendering it useless.

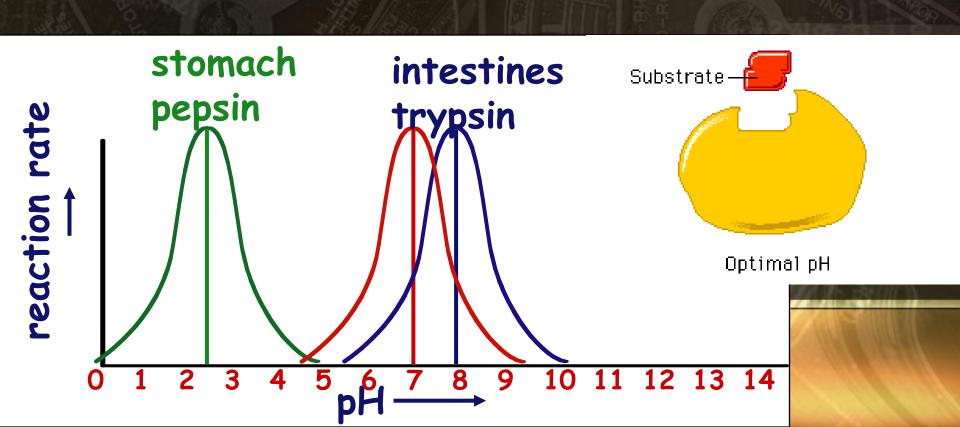


NORMAL SHAPE

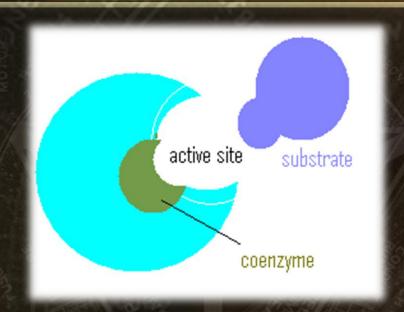
DENATURED SHAPE

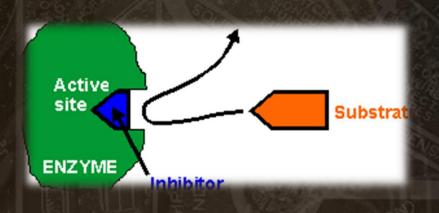
pH

- · changes in pH changes protein shape
- most human enzymes = pH 6-8
- · depends on location in body

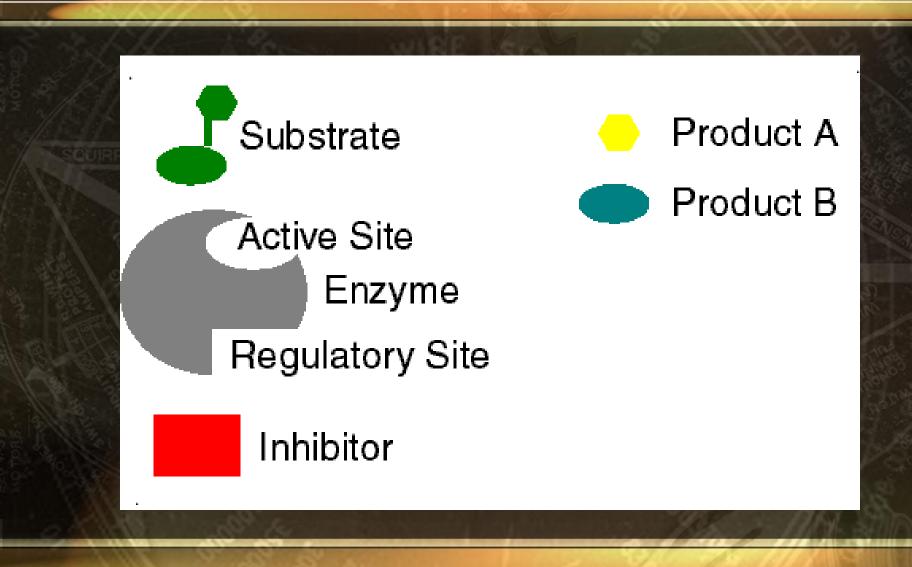


Cofactors, Coenzymes and Inhibitors





- · Coenzymes are needed for the substrate to bind.
- Inhibitors prevent the substrate from binding.



Every reaction in your body is helped by an enzyme.



Enzymes are the "workers" of your body.